

# LOSS AND BEREAVEMENT AWARENESS

#### Course overview

Understanding loss and its impact
Grief – understanding theories of grief
Communication
Complicated grief
Putting it all into practice
Applying to situations
Self care and supporting the team
Agencies who can help
Covid-19 – understanding our responses

Suitable for: anyone involved in working with or supporting bereaved people

Equipment required: a computer, phone or tablet with internet connection, video and microphone function, able to run Microsoft Teams.

### **Learning Outcomes**

- Understand the impact of loss
- Knowledge of the theories of grief
- Improved communication skills
- Understand complex grief
- Awareness of self care and team support
- Understand response to Covid-19

#### Attendance:

£125.00 plus VAT for ICCM members £175.00 plus VAT for non-members

During the online training, attendees can submit questions and comments using the Chat function. The trainer will answer these at the end of the course.





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The ICCM and Cruse have developed this training course specifically for anyone involved in working with bereaved people. The course provides an invaluable introduction to how grief can affect people, and how you can use that understanding to better help them.

#### **Programme**

10.05 Sign in available

10.15 Introduction

10.20 Understanding loss and its impact

10.45 Grief – understanding

theories of grief

11.30 Short break

11.45 Communication

11.45 Complicated Grief

12.00 Putting it all into practice

12.15 Looking after yourself

12.45 Questions and answers

13.00 Finish

## **Booking Form**

Order No:

Bereavement online training course on:

Available course dates (please indicate chosen dates):

Thursday 24th September 2020 10:15-13:00 – online training

Thursday 29th October 2020 10:15-13:00 – online training

Thursday 26th November 2020 10:15-13:00 – online training

Name 1:

Name 1:

V/N

Representing:

Email:

Confirmation and link to the training course will be sent by email

Phone No:

Address for invoice:

I wish to attend/have the following attend the ICCM and Cruse Bereavement Care Loss and

The fee for the online training covers attendance and documentation. The fee is £125.00 + VAT for ICCM members and £175.00 + VAT for non-members.

Please do not send cash or a cheque with the booking form – an invoice will be sent to you at the address you give above.

Cancellations and refunds – receipt of the completed booking form is a contract. Cancellations must be made in writing at least 10 working days before the training course, and will incur a 20% administration fee. Cancellations made after 10 working days before the training course will not be refunded. No refund will be given for non-attendance. Substitution of delegates at no extra charge may be made by emailing julie.callender@iccm-uk.com. In the unlikely event of cancellation by the organisers, any fees paid will be refunded but no further liability will be accepted. The organisers reserve the right to make changes to the programme, speakers and venue should this be necessary.

Please note that the cost quoted on the application form is per person, not per authority. If more than one attendee is to share a video link, each attendee must be booked onto the training course and have agreed to pay the required fee. Copyright of all training courses and materials remains with the ICCM and they must not be copied, reproduced or otherwise used without the written permission of the ICCM. Training courses will not be recorded by the ICCM, and must not be recorded by any of the participants.

Please return completed forms to Julie Callender at <a href="julie.callender@iccm-uk.com">julie.callender@iccm-uk.com</a>, or to ICCM National Office, City of London Cemetery, Aldersbrook Road, Manor Park, London, E12 5DQ